

## OIL OF THE ANOINTING

### CINNAMON

Cinnamon is derived from two well-known Hebrew words:

**Kinna:** Jealousy - from the root to glow or burn, or be zealous.

**Min:** form or appearance.

***Can be discern as - The 'appearance of jealousy. Cinnamon is also known as the "Bride Spice".***

Different investigations have revealed that cinnamon shows both immune system potential and inhibiting effects. It also has been proven that if one takes a generous whiff of Cinnamon it can help to prevent the H1N1 swine flu.

Tests were done on and with cinnamon because it is known from ancient times that Cinnamon, in its pure essential oil form, has the power to combat sickness and disease. Also, in its oil form it is an excellent mosquito repellent, because of its high concentration of cinnamaldehyde, an active mosquito killing agent.

This very popular essential oil is revered for its antiseptic properties and its pleasant spicy scent. It is best known for the treatment of stomach ailments (gas, diarrhea, upset). This oil has the ability to combat viral and infectious diseases. Research has been unable to find a virus, bacteria, or fungus that can live in the presence of Cinnamon essential oil.

Other uses for Cinnamon essential oil are: Antimicrobial, anti-infectious, antibacterial, antiviral, antifungal, sexual stimulant, and increases blood flow, typhoid, circulation, infections, coughs, exhaustion, respiratory infections, digestion, rheumatism and warts.

The odor of the cinnamon is sweet and its taste agreeable; it is largely used for flavoring. A valuable essential oil is extracted from the bark, having these properties in an intensified form. It is obtained chiefly from Ceylon, and was probably brought from India in the times of the Exodus. The bark is obtained from the young shoots.